



Barre Class

Join Pure Barre Roanoke for a **FREE** intro barre class! Flexibility, Toning, Strength, and Endurance all in 30 minutes!

12:00PM August 8th
During the Back to School Event

SCAN THE QR CODE TO REGISTER IN ADVANCE



WHAT TO BRING:

1. Yoga Mat or Large Towel
2. Water
3. A Friend
4. Wear Leggings and a comfortable workout top, sticky socks, bare feet or sneakers

